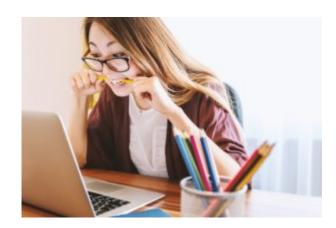
Work-Related Stress Policy



Although it's not legally required, implementing a written policy can go a long way toward preventing work-related stress—or at the very least, minimizing its costs. The following Model Policy is based on examples from the UK and Australia, where work-related stress policies are mandatory. Make sure you adapt it to fit the circumstances and conditions of your own workplace.