

The Neuroscience of Conflict & How to Calm People Who Are “High” On Conflict



Date: March 19th, 2018

Speaker: Suzanne Sherkin

One of the best ways of influencing people be less in conflict and more in collaboration in the workplace is to understand how the brain behaves on conflict. With her approach that's part art part science, Suzanne brings insights and strategies for successful outcomes with those she calls being 'high on conflict'. Suzanne is not a neuroscientist but brings knowledge *from* neuroscientists and applies them to the practice of conflict resolution in the workplace. The more we know about the neuroscience of conflict, the better we'll be at shifting people into listening to each other and being open to agreements.

Suzanna Sherkin, President and Chief Presentation Officer of Highborn Communications. A Qualified Mediator, Certified Facilitator and Conflict Coach, Suzanne has been working with teams and leaders in Canada and the United States in the areas of Effective Communication and Conflict Resolution for more than 25 years. Her expertise is in working with organizations experiencing conflict, harassment and stigma. Suzanne has delivered presentations on 'The Neuroscience of Conflict' at conferences across the country and has been on many panels discussing this topic. You can find out more about Suzanne on her website at www.highborncommunications.com