

Safety Training: COVID-19 Face Mask Do's & Don'ts



Ensure proper face mask use at your facility.

Wearing face masks and face coverings is vital to prevent COVID-19 infection where people can't maintain the required social distancing separation of 2 meters/6 feet. And now municipalities around the country are adopting bylaws mandating the use of masks in all indoor public spaces, including workplaces. But requiring masks is just the beginning; you must also ensure that personnel and others at your facility use those masks properly. To help you out, here's a list of Do's and Don'ts that you can turn into a training handout, poster and/or sign to ensure proper face mask use at your facility.

Face Mask Do's & Don'ts

Do's

- ✓ DO make sure your mask completely covers your nose and mouth
- ✓ DO put on your mask properly using the tie loops
- ✓ DO wear your mask snug around your face and adjust it as necessary throughout the day
- ✓ DO when taking off your mask and putting it down, place it with the outside down on a tissue; if a tissue isn't available, clean the surface on which you placed it down afterwards
- ✓ DO wash your hands and face after removing the mask and before touching your face
- ✓ DO keep your mask clean and launder it once day in warm water
- ✓ DO store your mask in a clean and dry space or properly dispose of it
- ✓ DO request a new mask if the one you're using becomes unsanitary or damaged

Don'ts

- DON'T wear your mask under your nose or mouth
- DON'T let a strap dangle down or cross the straps
- DON'T touch or adjust your facemask without cleaning your hands before and after
- DON'T wear your mask on your head or around your neck or arm
- DON'T let your mask fog your safety glasses or otherwise obstruct your vision
- DON'T lay your mask on a surface that could be contaminated or contaminate the surface
- DON'T wear your mask near machinery, equipment or parts in which it may become entangled
- DON'T use a mask if it is damaged in any way