

Picture This! Bullying: A Pervasive Workplace Toxin



When one thinks of workplace hazards, bullying and harassment might not be the first things to come to mind. But one in three workers will experience bullying at some point in their working lives. Victims of bullying may be unfairly blamed or criticized, threatened, shouted at or sworn at, excluded from company activities, have their work or contributions ignored by bosses, have their work sabotaged, or become targets of practical jokes. The good news is that several US states and Canadian provinces have passed legislation to protect workers against bullying, and many workplaces have strict anti-bullying/harassment policies in place. If yours does not, it's time to do something about it. (tutufoundationusa.org)