Parental Leave Benefit Resources

Below are links (where available) to information on provincial and territorial websites that deal specifically with maternity, parental and adoption leave.

Alberta

Information about Maternity and Parental leave in Alberta.

British Columbia

There is an Employment Standards Fact Sheet on leaves that includes information about pregnancy and parental leave.

Manitoba

Maternity leave

Parental leave

New Brunswick

Parental Leave

Newfoundland and Labrador

The Frequently Asked Questions section covers Pregnancy Leave, Parental Leave and Adoption Leave.

Northwest Territories

Maternity Leave

Parental Leave

Nova Scotia

An information sheet on leaves of absence covers information about pregnancy and parental leave.

Nunavut

The website contains very little specific information, but it does have the contact information for the Department of Justice.

Ontario

Information on pregnancy and parental leave.

Prince Edward Island

The section on special leave has information about maternity/parental/adoption leave.

Québec

The section on absences and leaves for family or parental matters contains information about maternity and parental leave.

Saskatchewan

Pregnancy and Parenting in the Workplace is a handbook with practical information.

Yukon

The Labour Services website has a section on Maternity and Parental Leave.