World Mental Health Week: Making Mental Health Universal in Your Organization



Date: October 4, 2023

Time: 9:00AM-10:30AM PT

Speaker: Jason Gotwalt, SVP of Growth and Partnerships with *headversity*

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With World Mental Health Day on October 10th, this year's theme is 'mental health is a universal human right', and Jason Gotwalt, Senior Vice President of Growth and Partnerships at *headversity* will lead a session dedicated to covering best practices to foster a culture of wellbeing in your organization.

Discover how to strategically prioritize mental health, embracing preventative practices that empower your employees. This webinar will explore actionable strategies that not only support your workforce but also positively impacts your business, with real-world examples from *headversity*'s work with partners worldwide. Join us in championing the theme of World Mental Health Day and embark on a transformative journey towards universal mental health action in your organization.

About the Speaker:

Jason is the Senior Vice President of Growth and Partnerships with *headversity*, a leading provider of preventative mental health solutions for employers, and has spent the past ten years at the forefront of the health-tech space with his previous post as Director of International Partnerships and Strategic Alliances within the Virgin Group. He is also a MacKay CEO Forum speaker, sales trainer, private investor, and, in a past life, a professional Baseball player. Self described as a creative connector, health-tech fanatic, servant leader, rad dad (of three daughters) and curious George, he's built a career off failing forward and learning how to effectively collaborate; internally and externally.

With a focus on prevention, *headversity* offers practice-based training to help workforces improve their mental wellbeing by addressing three persistent challenges: mental health, workplace safety and operational excellence. With an industry re-defining preventative assistance platform (PRE.A.P.) that provides proactive and digital mental health upskilling experiences for the entire workforce, *headversity* helps your employees and their families get ahead of adversity.