

# Complex Return to Work Cases: Accommodating Cognitive and Physical Impairments



**Date:** August 28th, 2019

**Time:** 9 – 10am PT + 15 minute Q&A

**Speaker:** Rachel Mitchell, MSc Human Factors, RKin, CCPE

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## About the Webinar

Determining suitable work for an employee coming back from injury can feel like tiptoeing through a virtual minefield. This session will outline the challenges associated with achieving successful Return to Work outcomes when dealing with complex physical and cognitive impairments, as well as some common missteps that occur throughout the Return to Work process. Using case studies including cases of concussions and chronic pain, participants will be provided with methods for avoiding common pitfalls, determining whether a job match exists, and how to implement ergonomic strategies to improve the odds of a safe and sustainable Return to Work. We will wrap-up by discussing how you can be proactive, rather than reactive, while job matching to save time and resources.

## About the Speaker

**Rachel Mitchell, MSc Human Factors, RKin, CCPE**

Rachel Mitchell is the Manager of Ergonomic Services with ERGO Inc. – a national ergonomics consulting and training organization. Rachel is a Canadian Certified Professional Ergonomist and a Registered Kinesiologist with over 16 years of experience. She holds a Masters of Science in Human Factors Engineering from Nottingham University and has over 15 years of ergonomics consulting experience in a range of industries ranging from manufacturing, corporate services to health care. She is also the President of the Canadian College for the Certification of Professional Ergonomists.

Rachel builds relationships with employers, workers, and unions to ensure successful ergonomic and injury management outcomes; whether it be injury risk reduction, workstation, and workflow design, ergonomics program development, or return to work planning.