

Coping With Personality Disorders at Work

written by Tina Tsonis | March 8, 2024



Recorded Date: April 10

Time: 9:00-10:00 AM (PST)

Speaker: Marc Keough, Windley Ely Inc.

Discussion highlights:

- Understand the basic concepts of personalities using the 5-factor model
- Understand the DSM-V-TR
- Understanding Axis-II Personality Disorders Cluster A-B and C
- Focus on Cluster B Narcissistic, Histrionic and Borderline Personality Disorders.
- Understanding the dark tetrad: Narcissism, Psychopathy, Machiavellianism and Sadism.
- Interacting with them and minimizing their toxicity in a job setting (manipulation, gaslighting, impulsivity, pathological lying, bullying, drama seeking, conflict and disruptiveness (creates and nourishes conflict), pathological inflexibility (rigid mindset), lack of accountability (victim mindset)(blaming everyone and everything except themselves for all their problems).
- How to manage bad behaviors through appropriate performance management specific to toxic personalities